WELCOME

Your TKMA journey starts here

Your first class is FREE.

Come along, watch a class and join in if you feel comfortable. There is no pressure to become a member.

Everyone is welcome

We welcome students aged **5 years and above**, including children, teenagers and adults.

Training can help develop fitness, confidence, self-defence, focus, awareness and positive mental health.

GETTING STARTED

How to join TKMA

1. Scan the new-member QR code.

2. Follow the prompts.

3. Pay your membership fee.

Scan to join

tkma.co.nz/signup-form/

MEMBERSHIP

Membership fees

$70 — first family member

$30 — second family member

$0 — third and subsequent family members

Training fees

$20 per member, weekly — paid in advance on Mondays.

$85 per member, monthly — paid in advance on the 1st of the month.

Students may train at any appropriate TKMA class at any location.

WHAT TO WEAR

Uniforms & first lesson

Students wear a Taekidokai uniform, known as a **Gi**.

$90 — formal Gi (jacket and pants)

$25 — crop top for female students

$30 — optional T-shirt

Uniform items can be ordered through your instructor (Renshi), or directly through Hanshi Marie using the contact details above.

For your first lesson

Wear comfortable exercise clothing: track pants or shorts and a T-shirt. **No shoes.**

HAMILTON CLASSES

Monday & Tuesday

MONDAY | FLAGSTAFF

Endeavour School
86 Endeavour Avenue

Open class: 6:00 pm

TUESDAY | FLAGSTAFF NORTH

Te Ao Marama School

Open class: 6:00 pm
Senior grades: 7:00 pm
Advanced: 7:45 pm

HAMILTON CLASSES

Wednesday & Thursday

WEDNESDAY | ROTOTUNA

Rototuna Primary School
23 Strathmore Drive

Open class: 6:00 pm

THURSDAY | ROTOTUNA NORTH

Te Totara School
31 Hector Drive

Open class: 6:00 pm

Please confirm any changes to venues or times with your instructor before attending.

GRADING

Grading information

Grading payments are **$60**, required **7 days before** grading.

Instructor approval is required before members can be graded.

2026 grading dates

17 May 2026
16 August 2026
28 or 29 November 2026

These dates are from the original 2026 information sheet and are included for reference only.

OUR TRAINING CULTURE

Safe & respectful training

We practise our skills in a safe and respectful environment.

Accidents can happen, but they are uncommon and rarely significant. We take student safety very seriously.

Ready to begin?

Visit a class for a free trial, speak with an instructor and use the membership QR code on page 2 when you are ready to join.

TKMA NEW ZEALAND

Information reproduced from the supplied TKMA New Zealand sheet. Confirm current fees and schedules with the club.